

# SDG 2: Zero Hunger

Ziauddin University Claims to achieve sustainable goals in all their activities therefore, University plays their role to provide all people at all times have access to sufficient, safe, nutritious food to maintain a healthy and active life. Through this ZU achieved the sustainable goal SDG 2 Zero Hunger. To overcome the hunger issues and pledge on zero hunger sustainability, ZU has arranged the following activities in the year 2022.

# Poster Competition on World Food Day:

Department of Human Nutrition celebrated World Food Day, which focused on the theme given by FAO for the year "Our actions are our future- Better production, better nutrition, a better environment and a better life". The programme was arranged in the seminar room of the ZUFEST campus of the Ziauddin University.

The main objective was to enhance the importance of this day, importance of farmer who grows food for us, highlight the poverty and hunger issues in this inflation and to polish students' poster making skills apart from theoretical knowledge, thus this activity was co-related with their academic performance to ensure active participation. The faculty of HND evaluated their posters prior the event.

The faculty of Eastern Medicine were invited as guests. The program was started with the recitation of the Holy Qur'an. Later, one of the most enthusiastic faculty member Ms. Nida Azhar explained about the methodology of the poster competition. Further, Dr Rubina Hakeem, HOD, HND Department enlightened the students about importance of Food and its health outcomes. Furthermore, top 3 students nominated by Jewry were awarded prizes, while, all students received participation certificates from the HOD and Dr. Faisal Siddique, Faculty of Eastern Medicine.

Last but not least all students and guests were entertained with delicious refreshment solely arranged by the faculty of Human Nutrition.







# Recycle Food Waste

In Ziauddin University, the sources that produce organic waste are canteens, Cafes, fallen leaves, cutting of Plants and Animal waste etc. Canteen and Cafes waste are dumped into blue bins that are placed for organic waste. Full Blue Bins waste is then handed over to the Horticulture department for recycling, the organic waste is up to 5% reduced by increasing the little bit prices on meal due to inflation and rising in prices in Pakistan. This automatically reduces the food waste as many people buy food as per their need and try to avoid leaving it on the plate. About 6% food waste was reused last year by giving leftover meals to the people with less income and kitchen waste such as vegetables and fruits peels fed to farm animals. The rest of the organic waste is treated by putting it all together in the pit holes for processing compost for plantation. Which is about 89%. In this way Ziauddin University is trying hard to reduce, reuse and recycle the waste as much as they can, to build a healthy environment.







All Organic waste (Green waste, food waste and animal manure) is used for Waste decompose/ Fertilization Process

Use Compost for Urban Forest Plantation at Ziauddin University

#### Bake sale

On the 28th of March, College of Speech Language and Hearing Sciences, Ziauddin University, hosted an annual bake sale. This bake sale, like every year, was organized to raise funds for our under privileged clients. The kind of response the event got was overwhelming. Numerous students from other faculties came and purchased the goodies to support the cause and appreciated the initiative and hard work. The event enlightened the day and made it a little more scrumptious for everyone.





## • FUNDRAISER: Help the differently-abled Community

On 22nd December 2022, Ziauddin University College of Speech Language and Hearing Sciences organized a Fundraiser event to highlight World Disability month at Ziauddin University Clifton in collaboration with Speech and hearing association of Pakistan (SHAP) for underprivileged and low socioeconomic strata patients. Students and many vendors put up their stalls and the funds collected through sales to help differently-abled communities. All the funds then donated to support low socio-economic patients.







#### • Wall Of Kindness

The Student Council of Ziauddin College of Medical Technology collaborated with Ziauddin Community Service Society to organize a project called the "Wall of Kindness". The project began from Monday, 20th June 2022 and continued till Friday, 24th June 2022.

The donations were accepted in the form of tangible and usable goods in decent condition. Several clothes, shoes, books, bags, toys, cutlery, jewelry, sports equipment, food and edible snacks were collected and placed on the wall of kindness. The donations were made at the Head Office of Edhi Foundation located in Clifton. The snacks were distributed between the children of the orphanage.

Students showed immense spirit of humanity and donated wholeheartedly. The response to this project is a source of great encouragement for everyone as in testing times; we are always willing to lend a helping hand.







### • Ration Drive to Flood Victims

On 8th September 2022, Ziauddin University College of Languages, Literature collected funds for flood victims. Basic Grocery and medicines were distributed At Shah Noorani Balochistan among the flood affected people.



